



SWEET DREAMS

**SUMMARY OF POLICIES AND PROCEDURES  
(Office Use)**

**Should I Schedule This Patient For Anesthesia Services?**

Office-based anesthesia is a great and safe option for **most** patients, but not for **every** patient. There are a few health conditions which make our job nearly impossible to keep a patient safe in an office setting. In order for us to provide the safest anesthesia care for your patients please use the following guidelines to help determine if your patient is the right person to receive anesthesia in your office.

If any one condition from the following list applies to the patient, they are **NOT** a candidate for anesthesia:

- Age under 2 or weight under 25 pounds
- BMI greater than 45 - By example, a person who is 5ft 8in weighing 300 lbs has a BMI of 45.6 and is not a candidate. For help calculating BMI please go to:  
[https://www.nhlbi.nih.gov/health/educational/lose\\_wt/BMI/bmicalc.htm](https://www.nhlbi.nih.gov/health/educational/lose_wt/BMI/bmicalc.htm)
- Previous known difficult airway problems during anesthesia
- Pregnancy
- Uncontrolled high blood pressure (hypertension)
- Uncontrolled diabetes
- Heart attack within the past 6 months
- Stroke within the past 6 months
- Untreated abnormal heart rhythm
- **Current** illness that involves fever, severe cough, respiratory infection, or other flu like symptoms

If any one condition from the following list applies to the patient, an anesthesia provider from Sweet Dreams should be asked to contact the patient to determine whether or not the patient is a candidate for anesthesia:

- Age greater than 70
- BMI greater than 40
- Chronic illness involving the heart, lungs, liver or kidneys
- Need for supplemental oxygen during the day or night
- **Recent** illness that involves fever, severe cough, respiratory infection, or other flu like symptoms
- Severe sleep apnea or snoring
- Asthma requiring frequent inhaler treatments

**General Policies and Guidelines**

- When possible, please provide patients a copy of the Sweet Dreams paperwork when they are scheduled for anesthesia for their procedure. We will make every effort to contact the patient before the procedure to discuss their health history, provide instructions for anesthesia, answer questions, and send the Sweet Dreams paperwork. Not every patient responds to our attempts to contact them, and your help is appreciated.
- We hope to minimize the time each patient is under anesthesia for their safety and to reduce the cost to the patient. Please help us by limiting the time the doctor will need to be away during the appointment. Each patient under anesthesia needs the full attention of their doctor.
- Please let our office know if the anesthesia provider will need to provide oxygen tanks for the appointment, or other specialty equipment.